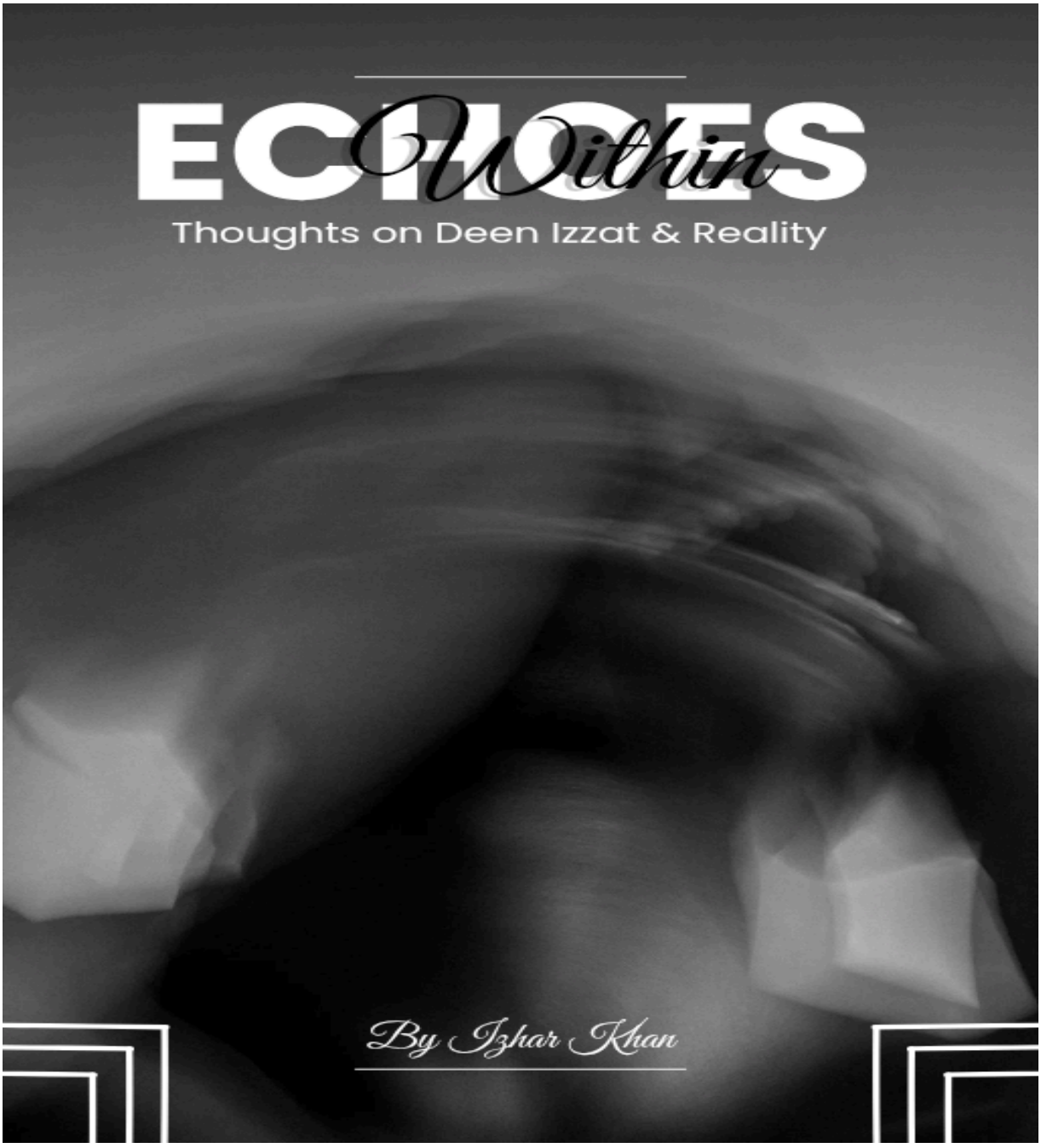

Echoes Within

Thoughts on Deen Izzat & Reality

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Dedication

Ye kitab un sab ke naam jo aaj ki is materialistic dunya mein apni asli pehchan aur rooh ka sukoon dhoondh rahe hain Main ye mehnat apne un walidain ke naam karta hoon jinhon ne mujhe hamesha zahiri chamak damak se door reh kar ikhlaaq aur deen ki raah par chalna sikhaya Aur har us shakhs ke liye jo rishton mein bank balance ke bajaye dil ki khubsurti aur insaniyat ko tarjeeh deta hai Allah hum sab ko seedhi raah dikhaye aur hamare dilon mein ek doosre ke liye khuloos paida kare Ameen

Author Note

Maine apni is kitab Echoes Within ki shuruaat un masail se ki jo aaj hamari society ki jadon ko khokhla kar rahe hain Yeh kitab mere un ehsasat ka nichod hai jo maine apne ird gird logon ko bhatakte hue dekh kar mehsoos kiye Is kitab ko likhne ka maqsad sirf alfaz jama karna nahi balki un haqiqaton ko samne lana hai jinhein hum aksar dunya ki chamak mein bhool jate hain Umeed hai ke ye 22 chapters aapki zindagi mein ek sakbat tabdeeli layenge aur aapko Deen Izzat aur Reality ki asli pehchan karwayenge Allah hum sab ka hami o nasir ho aur humein haqiqat pasand banaye

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Chapter 1 Insaan ya Profile

Aaj ke is jadeed daur mein hum ne insaan ki qadar o qeemat ko uske kirdar se nahi balki uski zahiri profile se naapna shuru kar diya hai Yeh ek bohot bada almiya hai ke paisa aaj kal character ka replacement ban gaya hai Hum kisi bhi rishtay ko jodne se pehle us shakhs ki gehrai aur uske dil ki halat dekhne ke bajaye uska social status aur bank balance dekhte hain Kitne hi kabil aur nek nojawan sirf is liye reject kar diye jate hain kyunke wo abhi settled nahi hote Hum unka aaj dekhte hain magar unka potential aur unka khuloos dekhne se qasir rehte hain Jab tak hum insaan ko uske bank balance se tolenge tab tak muashre mein sacha sukoon aur sachi mohabbat paida nahi ho sakti kyunke asli izzat kirdar mein hoti hai profile mein nahi

Chapter 2 Comfort vs Sukoon

Society ka sab se bada zulm ye hai ke hum ne achai ko kam qadri samajh liya hai Hum apni betiyon ke liye mehal aur gaariyan yani comfort toh dhoondhte hain magar us ghar mein unhein sukoon milega ya nahi is par tawajjo nahi dete Degree ko aaj kal izzat ka meyar bana diya gaya hai jabke degree sirf naukri dilati hai ikhlaaq nahi Hum dil dekhne ke bajaye sirf CV dekhte hain aur phir baad mein shikayat karte hain ke rishtay kamzor kyun ho gaye Jab tak hum faisle

materialistic hokar karenge tab tak sukoon hamari zindagi se door rahega Betiyon ki khushi sirf unki asayishon mein nahi balki unki izzat aur unke zehni sukoon mein hoti hai jo sirf ek acha insaan hi de sakta hai na ke sirf ek ameer profile wala shakhs

Chapter 3 The Souls Journey

Hamara asli safar is matti ke jism ka nahi balki us ruh ka hai jisne apne Rab ki taraf palatna hai Dunya sirf ek musafir khana hai jahan hum kuch waqt ke liye aaye hain Aksar hum is dunya ki ranginiyon mein itne kho jate hain ke apni rooh ki zaruriyat ko bhool jate hain Rooh ka sukoon sirf Allah ki yaad aur uski itaat mein hai Jab tak hum apni rooh ko sahi rasta nahi dikhayenge tab tak dunya ki saari nematein milne ke bawajood hum andar se khali rahenge Asli kamiyabi wahi hai jo maut ke baad bhi hamare kaam aaye aur hamari rooh ko uske Khaliq ke samne surkhru kare

Chapter 4 The Reality of This World

Dunya ki haqiqat sirf ek dhoka hai jo insaan ko apne jaal mein phansa leti hai Hum yahan hamesha rehne ke liye nahi aaye magar hamare mansoobe aise hote hain jaise hum ne kabhi marna hi nahi Jo cheez aaj hamari ankhon ko chiraagh dikha rahi hai kal wo matti ka dher ban jayegi Dunya ki har nemat fana hone wali hai sirf Allah ki zaat hamesha rehne wali hai Is dunya ki asliyat ko samjhne wala shakhs hi asal mein aqalmand hai kyunke wo fana hone wali cheezon par dil nahi lagata balki un cheezon ki fikar karta hai jo hamesha uske saath rahengi

Chapter 5 Finding Balance

Zindagi mein tawazun paida karna bohot zaroori hai Deen aur dunya ko ek saath lekar chalna hi asal kamiyabi hai Aksar log dunya ki dore mein itna aage nikal jate hain ke deen ke liye unke paas waqt nahi rehta aur kuch log dunya se itne kat jate hain ke apni zimmedariyan bhool jate hain Islam humein darmiyani rasta sikhata hai jahan hum apni dunya bhi sanwarein aur apni aakhirat ka bhi khayal rakhein Jab zindagi mein balance hota hai toh dilon ko sukoon milta hai aur gharon mein barkat aati hai Allah hum sab ko deen aur dunya dono ka behtareen tawazun ata farmaye

Chapter 6 The Importance of Good Company

Insaan apni sohbat se pehchana jata hai Ache dost aur ache log aapko Allah ke qareeb karte hain aur aapki shakhsiyat ko sanwarne mein madad dete hain Jabke bure logon ki sohbat aapke akhlaaq ko bigad deti hai aur aapko sahi raste se bhatka deti hai Is liye apne doston ka intikhab bohot soch samajh kar karein kyunke unka asar aapki puri zindagi par padta hai Nek logon ki mehfil mein bethne se dil ko roshni milti hai aur buri mehfilon se andhera phailta hai Hamesha un logon ke paas bethein jo aapko sahi rasta dikhayen aur neki ki dawat dein

Chapter 7 The Beauty of Gratitude

Shukar karna sirf zuban se Alhamdulillah kehna nahi hai balki shukar ka asli matlab ye hai ke Allah ne jo kuch bhi diya hai us par dil se raazi raha jaye Jab insaan shukar karna seekh leta hai toh uski nematon mein barkat dal di jati hai Nashukri insaan ke sukoon ko kha jati hai aur use hamesha mazeed ki talash mein pareshan rakhti hai Shukar guzari ka jazba insaan ko har haal

mein khush rehna sikhata hai Chahay mushkil waqt ho ya khushi ka lamha shukar karne wala shakhs hamesha pur-sukoon rehta hai kyunke wo janta hai ke uske Rab ka har faisla uske liye behtar hai

Chapter 8 The Necessity of Trust

Tawakkul yani Allah par bharosa karna hi momin ki asli taqat hai Jab hum apna har maamla Allah ke supurd kar dete hain toh hum har kism ke darr aur khauf se azad ho jate hain Insaan sirf koshish kar sakta hai magar nateeja nikalna sirf Allah ke hath mein hai Tawakkul karne wala shakhs kabhi na-umeed nahi hota kyunke use yakeen hota hai ke uska Rab ue kabhi tanha nahi chhodega Jab dunya ke saare darwaze band ho jate hain toh tawakkul ka darwaza hamesha khula rehta hai jo insaan ko mushkil tareen halat se bahar nikal leta hai

Chapter 9 The Reality of Women

Islam ne aurat ko jo muqam aur izzat di hai wo dunya ka koi dusra nizam nahi de sakta Ek beti ek behan ek biwi aur ek maa ke roop mein aurat muashre ka bohot ahem hissa hai Aurat ki izzat karna muashre ki tameer o taraqqi ke liye zaroori hai Jab kisi ghar mein aurat ko izzat aur mohabbat milti hai toh wo ghar jannat ka namuna ban jata hai Hum par ye zimmedari hai ke hum apni ghar ki khawateen ko wo muqam dein jo unka haq hai aur unki taleem o tarbiyat par tawajjo dein kyunke ek parhi likhi aurat poori nasal ko sanwar sakti hai

Chapter 10 The Respect of Parents

Walidain ki izzat aur unki khidmat hi jannat ka rasta hai Unki duaon mein wo taqat hai jo taqdeer ke likhay ko bhi badal sakti hai Jab maa baap buzurg ho jayen toh unka sahara banna hamara farz hai Unhein uff tak na kehna aur hamesha mohabbat se pesh aana hi asli neiki hai Jo shakhs apne walidain ka farmabardar hota hai Allah dunya aur akhirat dono mein uski raahein asaan kar deta hai Unki khidmat mein hi barkat hai aur unki narazgi mein Allah ki narazgi hai Is liye hamesha koshish karein ke unka dil kabhi na dukhe

Chapter 11 The Illusion of Pride

Takabbur insaan ko andha kar deta hai aur ue dusron se ba-tar samajhne par majboor karta hai Yaad rakhein hum matti se bane hain aur matti mein hi mil jana hai Takabbur sirf Allah ki zaat ke liye hai aur jo insaan takabbur karta hai wo zaleel o khwar hota hai Aaj hamare paas jo kuch bhi hai wo sab Allah ka diya hua hai aur wo kisi bhi waqt wapas le sakta hai Aajizi aur inkesari hi insaan ki asli pehchan honi chahiye kyunke Allah aajizi dikhane walon ko buland karta hai aur takabbur karne walon ko gira deta hai

Chapter 12 The Power of Prayer

Dua momin ka hathiyar hai aur Allah se guftagu ka ek khubsurat zariya hai Jab insaan apne hath phela kar apne Rab ke samne ro deta hai toh uske saare dukh khatam ho jate hain Dua mein wo asar hai jo namumkin ko mumkin bana deta hai Hamesha har haal mein dua mangte rahein kyunke Allah mangne walon ko pasand karta hai Chahay koi choti cheez ho ya koi bohot badi pareshani sirf Allah se hi madad mangein kyunke wahi hai jo dilon ki baat sunta hai aur har

dua ko qabool karne ki taqat rakhta hai

Chapter 13 The Value of Time

Waqt ek aisi nemat hai jo guzarnay ke baad kabhi wapas nahi aati Har guzarta lamha humein apni maut ke qareeb le ja raha hai Insaan aksar fazool kamon mein waqt zaya kar deta hai magar aakhirat mein har lamhe ka hisab dena hoga Waqt ki qadar karne wala shakhs hi dunya mein kamiyab hota hai aur aakhirat mein surkhru hota hai Apne waqt ko neki ke kamon mein aur apne ap ko behtar banane mein istemal karein kyunke aaj ka boya hua kal kaatna hoga Waqt ki pabandi hi kamiyabi ki pehli seerhi hai

Chapter 14 Patience in Hardship

Mushkil waqt mein sabr karna hi asal imtehan hai Zindagi hamesha asaan nahi hoti magar sabr karne walon ke liye Allah ne bohot bada inaam rakha hai Sabr ka matlab ye nahi ke insaan hath par hath rakh kar beth jaye balki koshish karte hue Allah ki raza par raazi rehna sabr hai Jab koi musibat aaye toh ghabrane ke bajaye sabr se kaam lein kyunke har mushkil ke baad asani hai Allah sabr karne walon ke saath hai aur unki madad karta hai Sabr insaan ke kirdar ko mazboot banata hai aur ue mushkilon se ladna sikhata hai

Chapter 15 Inner Peace

Asli sukoon mehalon ya paison mein nahi hota balki ye dil ki ek halat hai jo sirf Allah ke zikar se milti hai Jab insaan ka taluq apne Khaliq se mazboot ho jata hai toh dunya ki koi bhi pareshani ue be-chain nahi kar sakti Inner peace hasil karne ke liye zaruri hai ke hum apne andar se nafrat aur hasad ko khatam karein aur dilon ko saf rakhein Allah ki yaad hi dilon ko itminan deti hai Sukoon tab milta hai jab insaan dunya se umeedien khatam karke sirf Allah ki taraf dekhta hai aur uski har marzi mein khush rehta hai

Chapter 16 The Trap of Envy

Hasad ek aisi bimari hai jo insaan ki nekion ko aise kha jati hai jaise aag khushk lakdi ko khati hai Dusron ki nematon par jalna hasad hai jabke unki khushi mein khush hona momin ka shewa hai Insaan ko wahi milta hai jo uski qismat mein likha hota hai Is liye dusron ko dekh kar pareshan hone ke bajaye Allah se apne liye kher mangein Hasad insaan ke zehni sukoon ko tabah kar deta hai aur ue hamesha jalan mein rakhta hai Hasad se bachne ka behtareen rasta dusron ke liye dua-e-kher karna aur apne naseeb par raazi rehna hai

Chapter 17 Character vs Appearance

Zahiri surat fana ho jayegi magar seerat hamesha zinda rahegi Insaan apni shakal se nahi balki apne kirdar aur apne amal se pehchana jata hai Khubsurti sirf zahir mein nahi hoti balki asli khubsurti dil aur ikhlaaq mein hoti hai Log aapka chehra bhool sakte hain magar aapka rawaiya aur aapka kirdar hamesha yaad rakhte hain Seerat ko sanwarne par tawajjo dein kyunke aakhirat mein bhi kirdar ka hi wazan hoga Ek bad-surat insan apne ache akhlaaq se sab ka dil jeet sakta hai magar ek khubsurat insan apne bure kirdar se sab ko naraz kar deta hai

Chapter 18 True Wealth

Asli daulat bank balance ya property nahi hai balki asli daulat qana'at aur dil ka sukoon hai Jo shakhs thode par raazi ho jata hai wo dunya ka ameer tareen shakhs hai Daulat aani jaani cheez hai magar jo nekiyan hum karte hain wo hamesha hamare saath rehti hain Asli ameer wo hai jis ka dil bada hai aur jo dusron ki madad karne mein khushi mehsoos karta hai Daulat ka asli maqsad Allah ki raah mein kharch karna aur zarurat mando ki madad karna hona chahiye takay ye dunya aur akhirat dono mein kamiyabi ka zariya ban saky

Chapter 19 The Purpose of Life

Hum yahan sirf khane pine aur sone ke liye nahi aaye hamari zindagi ka ek bohot bada maqsad hai Allah ne humein apni ibadat aur apni makhluq ki khidmat ke liye bheja hai Zindagi ka maqsad dusron ki raah mein asaniyan paida karna aur neki ko phailana hona chahiye Jab insaan apni zindagi ka maqsad samajh leta hai toh wo fazooliyat se azad ho jata hai Har din is soch ke saath guzarein ke hum ne aaj koi aisa kaam kiya jo Allah ko pasand ho Zindagi ka maqsad tab pura hota hai jab hum apne Rab ki raza ko apni pasand par tarjeeh dete hain

Chapter 20 Forgiveness and Mercy

Maaf karna seekhein taake aapko bhi maaf kiya jaye Reham karne walon par Allah reham karta hai Insaan se galtiyan hoti rehti hain magar behtareen insaan wo hai jo dusron ki galtiyon ko nazar-andaz kare aur unhein maaf karde Maafi se dil ka bojh halka ho jata hai aur rishton mein mohabbat paida hoti hai Maaf karna kamzori nahi balki ye bohot bade dil ka kaam hai Apne dilon mein kine aur nafrat ko jagah na dein balki reham aur mohabbat ko phailayen kyunke Allah maaf karne walon ko pasand karta hai aur unke darjaat buland karta hai

Chapter 21 The Silence of the Heart

Baaz auqat khamoshi mein wo asar hota hai jo lafzon mein nahi hota Khamoshi insaan ko apne andar dekhne ka mauka deti hai aur ue apne Khaliq ke qareeb karti hai Fazool baaton se behtar hai ke insaan khamosh rahe aur Allah ka zikar kare Apne andar ki awaz ko sunna seekhein kyunke hamari rooh aksar humein sahi rasta dikhati hai Khamoshi mein sukoon hai aur ye insaan ko bohot si buraion se bachati hai Dil ki khamoshi tab hasil hoti hai jab insaan dunya ke shor se kat kar apne Rab se baatein karta hai

Chapter 22 The Final Foundation

Ye dunya ek kheti hai jahan jo hum bo-enge wahi akhirat mein kaatenge Akhirat ki taiyari hi asal aqal-mandi hai kyunke dunya ka safar khatam hone wala hai magar akhirat hamesha rehne wali hai Hamara har amal hamara har lafz aur hamari har soch ka hisab hoga Is liye hamesha apne amal ki fikar karein aur maut ko yaad rakhein Akhirat ki fikar insaan ko buraion se bachati hai aur ye neki ki raah par chalne par majboor karti hai Asli kamiyabi jannat ka milna hai aur Allah ka deedar hai jo sirf unhein milega jo dunya mein sahi raste par chale